



PATIENT

Momo Shrestha

SPECIES

Canine

BREED

Chihuahua

SEX

Male Neutered

AGE

3.15.12

WEIGHT

7.2lbs

INTERPRETED BY

Maggie Machen Lamy,
DVM, DACVIM
(Cardiology)

HOSPITAL NAME

Animal Emergency
Hospital

REFERRING VET

Dr. Martinolli

INVOICE

29630

DATE

3/16/23

PRESENTING CLINICAL SIGNS

History: Referred for suspected CHF. Was seen at rDVM in January for coughing, vomiting, and labored breathing. Had xrays and bloodwork at that time. They recommended starting heart medications (Pimobendin, Enalapril, and Furosemide) at that time but owners declined. They did change his food at the time to Purina which seemed to reduce the vomiting. Presented again to rDVM today.

for a 4-day history of not eating, increased coughing and labored breathing, and weight loss. Patient was dyspneic today; they gave 2 mg/kg dose of Lasix IV and put him in Oxygen. Owners got dog from a shelter 7 years ago; were told at that time that he had heart disease but he was not on any medications. He has had an intermittent (once day/max) cough since they got him but over the past few months it has gotten more severe.

-Radiographs: Severe cardiomegaly and perihilar edema on rads.

-Current medications: Furosemide, Ondansetron, Vetmedin, Doxycycline.

-Sedation used: Not required to complete full diagnostic ultrasound.

-Pertinent previous ultrasound results:

-STAT: Requested by DVM

-Imaging performed by: Andi Parkinson, RDMS

ECHOCARDIOGRAM FINDINGS

2D, m-mode, color flow and doppler imaging is available. Diffuse thickening of mitral valve leaflets with prolapse into the left atrial lumen. Flail anterior leaflet appreciated. Severe eccentric mitral regurgitation with marked left atrial dilation. Normal MR velocity. Mild LV dilation with adequate myocardial function. The tricuspid valve appears thickened with mild to moderate TR. Velocity consistent with mild to moderate pulmonary hypertension. Mild to moderate right heart enlargement. The pulmonic and aortic valves are normal in morphology and mobility. Normal aortic and pulmonic outflow velocities with laminar flow. No AI/PI. No pericardial or pleural effusion noted. No obvious cardiac masses.

CARDIAC CHART

CANINE CARDIAC PARAMETERS	MR VMAX (m/s)	TR VMAX (m/s)	LA/AO (Boon method)	LA/AO (Heart Base; Swe)	FS (%)	EF (%)	EPSS (cm)
NORMAL PARAMETER	4.5-5.5	<2.7	1.3	<1.6	28-40	40-100	<0.6
PATIENT	5.5	3.9	NM	2.4	56	87	NM
CANINE CARDIAC PARAMETERS	HR (BPM)	AV VMAX (m/s)	PV MAX (m/s)	BODY WEIGHT (kg)	LA 2D short axis Base view (cm)	LVIDd Avg; 2D and m-mode short axis (cm)	LVIDs Avg; 2D and m-mode short axis (cm)
NORMAL PARAMETER	50-100	0.7-1.7	0.7-1.6	BELOW	BELOW	BELOW	BELOW
PATIENT	NM	0.7	0.6	3.3	3.1	3.2	1.4
*Normal chamber parameters expressed as a mean value (SD)				3	1.27 (5.3)	2.46 (2.46)	1.36 (5.5)
BODY WEIGHT DEPENDENT PARAMETERS				5	1.40 (4.5)	2.74 (5.2)	1.60 (4.7)
<i>*Note: All measurements based upon multi-modal images and methods. An average value is reported.</i>				10	1.50 (3.8)	3.27 (3.5)	2.06 (3.1)
				15	1.83 (2.0)	3.71 (2.4)	2.43 (2.1)
				20	2.02 (1.9)	4.14 (2.2)	2.80 (2.0)
				25	2.18 (2.4)	4.48 (2.9)	3.10 (2.5)
				30	2.33 (3.3)	4.83 (3.9)	3.39 (3.4)
				35	2.48 (4.3)	5.17 (5.0)	3.69 (4.5)
				40	2.62 (5.2)	5.48 (6.1)	3.96 (5.4)
				50	2.88 (7.1)	6.07 (8.3)	4.46 (7.4)

Adapted from June Boon, Veterinary Echocardiography, 1998
Rishniw M and Hollis NE, J Vet Intern Med 2000; 14:429-435
Hansson et al, Vet Rad and Ultrasound 2002
Bonagura et al. Echocardiography: principles of interpretation, Vet Clin North Am 15:1177, 1995

INTERPRETATION OF THE FINDINGS & FURTHER RECOMMENDATIONS

The cause of the murmur is chronic degenerative valve disease causing severe mitral and mild to moderate tricuspid regurgitation. A flail leaflet is noted, which may be the cause of recent decompensation. Marked left atrial enlargement indicates the risk for spontaneous congestive heart failure is elevated. Mild to moderate pulmonary hypertension is noted, which is likely secondary to chronic LA pressure elevation and active congestion. No additional issues are identified.

In light of the clinical signs, chest radiograph findings and severity of disease on echocardiogram, the diagnosis is congestive heart failure and medications are warranted lifelong as below. The patient is described as unstable and should be hospitalized with oxygen support until breathing comfortably on room air. Injectable Lasix should be used in the short-term with institution of Pimobendan ASAP. Sildenafil is not clearly indicated unless the patient develops exertional syncope in the future. Monitoring of sleeping respiratory rates will be paramount to screen for congestive heart failure at home. Cough suppression to improve QOL can also be considered (hydrocodone, 0.2-0.4mg/kg up to q4-6h PRN) for any residual mechanical cough in the face of normal sleeping respiratory rates. The average survival time of canine patients with active pulmonary edema is 8-9 months on medications, however they generally are able to maintain a good quality of life for that period. Patient will always be at risk for recurrent CHF, development of arrhythmias/LA tear, syncope and/or sudden death in the future.

Omega fatty acid supplementation and mild salt restriction may also be of some long term benefit. Monitor for acute progression of the cough, labored breathing, exercise intolerance or collapse episodes in the future.

Elective anesthesia is not advised, as there is high risk for complication. Risk:benefit ratio should be considered. Consider consultation with and/or referral to a facility with an anesthesiologist. Should you elect to proceed, cardiac protective drug choices (opioid/benzodiazepine premedication, propofol or alfaxalone induction, iso or sevoflurane gas) are recommended. Pre-oxygenate for 5-10 minutes prior to induction and recover in O2 cage. Monitor for arrhythmias, hypotension, and hypoxia both intra and post-operatively and intervene as necessary. Moderate IV fluid restriction is recommended to avoid fluid overload, while considering comorbidities, hydration status, BP, etc. Avoid heart rate stimulating drugs such as atropine unless clinically indicated.

PLAN

Consider hospitalization for injectable Lasix as discussed. Discharge on the following: institute Pimobendan 0.3mg/kg PO q12h. Institute Furosemide 1-2mg/kg PO q12h. Institute spironolactone 1-2mg/kg PO q12h.

Monitor SRRs at home. Monitor renal values and BP in 10-14 days, then every 3-4 months while on diuretics. If doing well and BP >130mmHg, institute ACEI 0.5mg/kg PO q12h. Consider hydrocodone if needed for QOL.

Recommend conservative monitoring with a recheck echocardiogram in 6 months, sooner if any development of associated clinical signs occurs

IMAGES



The information and recommendations provided are based on the images presented by the referring veterinarian. No evaluation can be communicated regarding pathology that was not visible in the image/video clips provided.

Thank you for this referral. This report was generated using transcription software, and minor dictation errors may be present. If the clinical or image interpretation does not parallel your findings or if I can be of any further assistance please contact me.

Maggie Machen Lamy, DVM
Diplomate of the American College of Veterinary Internal Medicine (Cardiology)
info@sonopath.com